

List of treatments “à la carte”  
Wellness Center & SPA

*D'Eda Marina*

## Hydrotherapy SPA

### Hydromassage bath

- Hydromassage bath Aromaéane Silhouette min. 20 € 40
- Hydromassage bath Aromaéane Relaxing min. 20 € 40
- Hydromassage bath “Cleopatra” with precious milk min. 20 € 40

### Body wraps

- Micronized seaweed detoxifying wrap min. 20 € 50
- Sea mud of Dead Sea remineralising wrap min. 20 € 60

## Scrubs

- Scrub “Indocéane” – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing min. 20 € 50
- Scrub “Polynesia” coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt min. 20 € 50
- Oriental scrub with black soap min. 20 € 50
- Treatment “Prelude Marin”: body scrub with sea salt and sea mud (Relaxing and skin beauty) min. 50 € 75
- Aromatic Body Scrub with Spices min. 20 € 50
- Thai “Purée de Papaye” Scrub min. 20 € 50

## Body treatments

- “Frigithalgo” local body wrap (anti-cellulite and circulation activator) min. 40 € 70
- Body wrap “Aromacéane” with sea mud of Dead Sea and essential oils (slimming and detoxifying) min. 50 € 90
- “Body Sculpt” with active oxygen (slimming, toning and refining) min. 50 € 90

## Face treatments

### Purifying

- “Rituel de Pureté” (total purifying face treatment) min. 55 € 70

### Hydrate and Treat

- “Aquarelle” – energizing and rebalancing min. 55 € 75
- “Source Marine” – hydrating and rejuvenating min. 55 € 80
- “Cold Marin” - soothing and nourishing min. 55 € 80

## Lifting and anti-age

- Special “eye contour” treatment – anti age min. 40 € 65
- "Hyalu - Procollagene" - filler effect treatment with hyaluronic acid and marine collagene min. 55 € 85
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 110
- “Exception” – anti age min. 85 € 135

## Special for men

- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 80

## Massages

- Decontracting back massage min. 25 € 50
- Draining legs massage min. 25 € 50
- Anticellulite massage min. 25 € 50
- Reflexology foot massage min. 25 € 50
- Relaxing massage with essential oils from Sardinia min. 50 € 85
- Californian massage min. 50 € 85
- Sport massage min. 50 € 90
- Shiatsu massage min. 50 € 90
- Thai massage min. 50 € 90
- Hot stone massage min. 50 € 90
- Ayurvedic massage min. 50 € 90
- Polynesian Massage “Mahana” with hot sandbags min. 50 € 90
- Balinese massage min. 50 € 90

## Face Beauty and Wellness Rituals

- Ritual “aux Cinq Fleurs” min. 55 € 80

combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupressure points to purify and give a brightening and gentle lifting effect.

- Ritual “KO BI DO” anti age min. 55 € 90  
min. 80 € 125

Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with peral, opal, turquoise and diamond powder brightens and tones the skin.

- “Prodige des Océans” inexhaustible source of youth min. 85 € 145

From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

## Body Beauty and Wellness Rituals

<b>Brasilian Ritual “Crème de Café”</b>	min. 55	€ 90
Treatment and slimming massage with “coffee creme” and draining body wrap with ochre clay and seaweeds		
<b>Happiness for two in Sardinia (price per person)</b>	min. 90	€ 135
Scrub with Sardinian salt, plants and essences, relaxing Californian “DUO” massage		
<b>Ayurvedic Ritual</b>	min. 90	€ 135
Aromatic body scrub with spices, energizing and tonifying Ayurvedic massage		
<b>Ritual from “Siam”</b>	min. 90	€ 135
Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts		
<b>Ritual from “Maghreb”</b>	min. 120	€ 170
Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil		
<b>“Polynesian” Ritual</b>	min. 120	€ 170
Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags		
<b>“Indocéane” Ritual</b>	min. 150	€ 195
A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)		

## Training & Olistic

- Private lesson with a personal trainer min. 50 € 70
- Parcours of “harmony energizing” private class min. 50 € 80

## Beauty services

### Hand and foot beauty

- Manicure € 35
- SPA Manicure € 65
- Pedicure € 45
- SPA Pedicure € 75
- Nail varnish € 15
- Shellac manicure € 75
- Shellac pedicure € 85
- Long-lasting polish removal € 25

### Waxing

- Full Legs € 45
- Eyebrows (or Upper Lip, or Chin) € 22
- Armpits (or Forearms) € 22
- Bikini € 22
- Total Bikini ( or Half Legs, or Full Arms) € 35
- Back (or Chest) € 35

## Sardinian Signature

- Hydromassage bath with Sea sat and BIO myrtle gel min. 20 € 45
- Scrub with Sardinian salt, plants and essences min. 20 € 50
- Hydrating and lenitive body treatment min. 20 € 65  
From an ancient natural remedy, jealously guarded and handed down from generations, was born **EDERAL natural 100%**, an active ingredient that gives relief and wellness to the skin.
- Facial treatment "Elixir of Youth" with Cannonau grapes - anti-aging min. 55 € 85
- **Profound and Nourishing Facial Treatment with Strawberry Tree** min. 55 € 80  
Antiaging, hydrating, nourishing and plumping treatment
- **Massage "Elixir of Healthiness" with Pompia essential oil** min. 55 € 90  
native Sardinian citrus with anti-inflammatory antioxidant, antibacterial, healing properties and anti-spot
- **Relaxing massage with mastic essential oil and Helichrysum cream** min. 50 € 90  
Nourishing, antiaging and hydrating treatment
- **Ritual "Scents of Gallura" BIO** min. 90 € 130  
Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants



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**If you book "a la carte" treatments with the stay, you'll get 10% discount on the treatment price**

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Rates (inclusive of VAT) subject to change by Delphina Management  
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.