List of treatments “à la carte”
Thalassotherapy & SPA Center

L’Incantù
### Thalassotherapy treatments

#### Hydromassage bathes
- Hydromassage bath with essential oils  min. 20  € 46
- Hydromassage bath “Cleopatra” with precious milk  min. 20  € 46
- Hydromassage bath “Polynesia” - Lagoons Water  min. 20  € 48

#### Thalasso showers
- Jet shower  min. 15  € 45
- Affusion shower  min. 15  € 40
- Massage under affusion  min. 25  € 60
- Scrub and massage under affusion  min. 40  € 90

#### Body wraps
- Micronized seaweed detoxifying wrap  min. 20  € 55
- Sea mud of Dead Sea remineralising wrap  min. 20  € 70

#### Scrubs
- Scrub “Indocéane” – sweet /salty (brown sugar, salt and Mediterranean essential oils) Relaxing, purifying and nourishing  min. 20  € 55
- Scrub “Polynesia” coconut shells, white sand of Bora Bora, Tahitian vanilla and sea salt  min. 20  € 55
- Oriental scrub with black soap  min. 20  € 55
- Honey and almond scrub “Fondant”  min. 20  € 55
- Thai “Purée de Papaye” Scrub  min. 20  € 55
- Treatment “Prelude Marin”: body scrub with sea salt and sea mud (Relaxing and skin beauty)  min. 50  € 90

#### Body treatments
- Thalgoslim session (slimming, light legs)  min. 25  € 85
- Pressotherapy  min. 20  € 50
- Pressotherapy with Gel Mineralg (venous - lymphatic drainage effect)  min. 40  € 70
- Smoothing and hydrating body wrap (calming, after a sun bath)  min. 20  € 65
- “Frigithalgo” local body wrap (anti-cellulite and circulation activator)  min. 40  € 85
- Body wrap “Aromacéane” with sea mud of Dead Sea and essential oils (slimming and detoxifying)  min. 50  € 100
- “Perfect Sculpt” (slimming, toning and refining)  min. 50  € 100
Face treatments

Purifying
- “Rituel de Pureté” (total purifying face treatment) min. 55 € 85

Hydrate and Treat
- “Aquarelle” – energizing and rebalancing min. 55 € 85
- “Source Marine” – hydrating and rejuvenating min. 55 € 95
- “Cold Marin” - soothing and nourishing min. 55 € 95

Lifting and anti-age
- Special “eye contour” treatment – anti age min. 40 € 70
- “Collagen mask” - first wrinkles min. 55 € 95
- Face Treatment “Marine silicone and hyaluronic acid” anti-aging and lifting min. 70 € 120
- “Exception” – anti age min. 85 € 150

Intraceuticals Oxygen Infusion ®

The highly concentrated oxygen activates the osmotic absorption to deliver the serum’s active ingredients (hyaluronic acid, vitamins and antioxidants) into the deepest layers of your skin to moisturize and nourish, encourage collagen production, reduce the appearance of wrinkles and restore your skin’s elasticity. Optional serums:
- “Rejuvenate” - Immediate lifting, toning and moisturizing effect
- “Atoxelene” - Skin smoothing and wrinkle reducing

Special for men
- “Océan Men” moisturizing and regenerating facial care with vital blue seaweed min. 55 € 95

Massages

- Face massage min. 25 € 60
- Decontracting back massage min. 25 € 60
- Draining legs massage min. 25 € 60
- Anticellulite massage min. 25 € 60
- Reflexology foot massage min. 25 € 60
- Relaxing massage with essential oils from Sardinia min. 50 € 95
- Californian massage min. 50 € 95
- Sport massage min. 50 € 100
- Shiatsu massage min. 50 € 100
- Balinese massage min. 50 € 100
- Thai massage min. 50 € 100
- Hot stone massage min. 50 € 100
- Ayurvedic massage min. 50 € 100
- Polynesian Massage “Mahana” with hot sandbags min. 50 € 100
- “Capriccio Azzurro” open air massage (gazebo) with sea view min. 50 € 110
Beauty and Wellness Face Rituals

- **Ritual “aux Cinq Fleurs”**
  - min. 55  € 95
  - Combines the power of five tropical flowers (Gardenia, Hibiscus, Frangipane, Ylang-Ylang and Lotus). This ritual stimulates acupressure points to purify and give a brightening and gentle lifting effect.

- **Ritual “Ko Bi Do” Anti Age**
  - min. 55  € 100
  - Thanks to Japanese Ko Bi Do techniques, this ritual reduces the appearance of wrinkles by targeting the sensitive area around the eyes, décolleté and arms. A rich mask with peral, opal, turquoise and diamond powder brightens and tones the skin.

- **“Prodige des Océans” inexhaustible source of youth**
  - min. 85  € 160
  - From the marine intelligence, a longevity concentrate. A passe-partout treatment with an extraordinary cellular regeneration power. For all skin types and ages. ANTI-WRINKLES, FIRMING, MOISTURIZING AND REVITALIZING

Beauty and Wellness Body Rituals

- **Happiness for two in Sardinia (price per person)**
  - min. 90  € 150
  - Scrub with Sardinian salt, plants and essences, relaxing Californian “Duo” massage

- **Brasilian Ritual “Crème de Café”**
  - min. 55  € 100
  - Treatment and slimming massage with “coffee creme” and draining body wrap with ochre clay and seaweeds

- **Ritual from “Siam”**
  - min. 90  € 150
  - Thai “Purée de Papaye” Scrub and Balinese massage with a balm of tropical nuts

- **Ritual from “Maghreb”**
  - min. 120  € 180
  - Scrub with black soap, body wrap with rassoul and oriental massage with traditional oil

- **“Polynesian” Ritual**
  - min. 120  € 180
  - Scrub Taha’a Island, hydromassage bath of “Lagoon Waters” and massage “Mahana” with hot sandbags

- **“Original Journey”**
  - min. 120  € 180
  - Relaxing, nourishing, firming and rejuvenating (precious elements scrub, relaxing and rejuvenating massage, honey and almond body mask).

- **“Indocéane” Ritual**
  - min. 150  € 210
  - A pleasant sea journey to discover the oriental fragrances and the marine treasures (sweet & salty scrub, Cleopatra’s milk bath, indian massage with warm oil, moisturizing body wrap)
### Sardinian Signature

- Hydromassage bath with Sea salt and BIO myrtle gel  
  min. 20  € 48
- Scrub with Sardinian salt, plants and essences  
  min. 20  € 55
- Scrub with powdered kernels of olives and essential oils of Sardinia  
  min. 20  € 55
- Facial treatment “Elixir of Youth” with Cannonau grapes - anti-aging  
  min. 55  € 95
- Ritual “Scents of Gallura” BIO  
  min. 90  € 140

Aromatic scrub with flowers of salt and Sardinian massage with oil from Mediterranean plants

### Beauty services

#### Hand and foot beauty

- Manicure  
  € 40
- French Manicure  
  € 45
- SPA Manicure  
  € 70
- French SPA Manicure  
  € 75
- Pedicure  
  € 45
- French Pedicure  
  € 50
- SPA Pedicure  
  € 80
- French SPA Pedicure  
  € 85
- Nail varnish  
  € 20

#### Long-lasting polish

- Shellac manicure  
  € 80
- Removal  
  € 30

#### Waxing

- Full Legs  
  € 55
- Eyebrows  
  € 25
- Upper Lip  
  € 25
- Chin  
  € 25
- Armpits  
  € 25
- Forearms  
  € 25
- Bikini  
  € 25
- Half Legs  
  € 40
- Total Bikini  
  € 40
- Full arms  
  € 40
- Back  
  € 40
- Chest  
  € 40

### Training & Olistic

- Private lesson with a personal trainer  
  min. 50  € 80
- Parcours of “harmony energizing” private class  
  min. 50  € 100
If you book “a la carte” treatments with the stay, you’ll get 10% discount on the treatment price.

Rates (inclusive of VAT) subject to change by Delphina Management.
No children under 14 years are allowed. Children over 14 years must be attended by an adult or have a written authorization.